

| Beg | Bane10 | 2875 meter | |
|------------|--------------------------|--------------------------|---------|
| – | Nora Marie Poulsen Fugl | Amager OK | 2061651 |
| – | Pernille Sørensen | Amager OK | 448355 |
| – | Sebastian Sparre Højsted | Amager OK | 2061654 |
| – | Søren Nielsen Ravn | Amager OK | 448353 |
| – | Astrid Clausen | DSR/Fredensborg/Vinderød | 2090034 |
| – | Edith Lund | FSK Orientering | 245039 |
| – | Ellen Nielsen | FSK Orientering | 36703 |
| – | Lærke Seifert Teide | FSK Orientering | 249336 |
| – | Anders Jensen | Helsingør SOK | 245070 |
| – | Berit Petersen | Helsingør SOK | 245072 |
| – | Birgit V Mortensen | Helsingør SOK | 245066 |
| – | Christina Hemmingsen | Helsingør SOK | 245053 |
| – | Lisa Kjær | Helsingør SOK | 245094 |
| – | Lisbeth Jørgensen | Helsingør SOK | 245067 |
| – | Lise Bertram | Helsingør SOK | 435318 |
| – | Tom Jensen | Helsingør SOK | 435323 |
| – | Jacob Lund Kolenda | Holbæk OK | 239904 |
| – | Katrine Andersen | Holbæk OK | 239912 |
| – | Matilde Andersen | Holbæk OK | 239907 |
| – | Silas Thomsen | Holbæk OK | 239901 |
| – | Anne Nielsen | Køge OK | 407117 |
| – | Nanna Rosell Holt | Køge OK | 239938 |
| – | Jørn Clemmensen | OK Skærmens Værløse | 239917 |
| – | Freja Gudme | OK73 | 429932 |
| – | Merete Bech | OK73 | 340646 |
| – | Silje Oddsen | OK73 | 207584 |
| – | Bente Dahl | PI-København | 213950 |
| – | Listbeth Haals | PI-København | 2090035 |

D10–
–
–**Bane10**Sofie Mariager Ingvorsen
Thea Nordenhof Egdø
Alberte Hansen**2875 meter**Kildeholm OK
Kildeholm OK
O-63/NFR/Maribo212291
212292
347166

H10**Bane10****2875 meter**

| | | | |
|---|--------------------------|--------------------|--------|
| – | Mads Dahl Nielsen | Helsingør SOK | 435312 |
| – | Johan Sandal Mark Hansen | Kildeholm OK | 212294 |
| – | Oskar Sandal Mark Hansen | Kildeholm OK | 212295 |
| – | Viktor Koziara | Køge OK | 239942 |
| – | Valdemar Willumsen | OK Skærmen Værløse | 239918 |

D1211:41
11:51
12:41**Bane07**Katrine Jentoft Fertin
Aia Rosell Holt
Fie Gudme**3050 meter**Holbæk OK
Køge OK
OK73239906
445325
429931

H12

11:07
11:13
13:09

Bane07

Markus Emil Thomsen
Jonas Amby Pedersen
Noah Borgen

3050 meter

Holbæk OK
Holbæk OK
O-63/NFR/Maribo

239914
239910
347083

H12B

–

Bane10

Carl-Loui Hansen

2875 meter

O-63/NFR/Maribo

347294

D1411:01
11:03
11:05
11:09
11:13**Bane09**Sarah Nommesen
Fie Filthuth Henningsen
Sarah Dinesen
Olivia Bonefeld
Nynne Høst Nedergaard**3750 meter**Helsingør SOK
Holbæk OK
Helsingør SOK
Helsingør SOK
Helsingør SOK435311
8621023
435321
435316
435322

H14

11:00

11:02

Bane06

Gabriel Bo Christensen

August Bo Christensen

4550 meter

Holbæk OK

Holbæk OK

2072621

2072623

D14B

| | |
|-------|--------------------------|
| 11:33 | Cecilie Frydendal Jensen |
| 11:35 | Leah Chin |
| 11:47 | Sophie Petersen |
| 11:49 | Elisabeth Jentoft Fertin |
| 13:15 | Liva Sandahl Mark Hansen |
| 13:29 | Linnea Tibian |

Bane07**3050 meter**

| | |
|--------------------------|---------|
| Holbæk OK | 239903 |
| Køge OK | 407176 |
| Helsingør SOK | 245092 |
| Holbæk OK | 239915 |
| Kildeholm OK | 212298 |
| DSR/Fredensborg/Vinderød | 2090032 |

H14B
12:11

Bane07
Andreas Sparre Højsted

3050 meter
Amager OK

2061655

D16

11:21

Bane04

Dicte Højbjerg Andersen

4200 meter

Helsingør SOK

1408232

D16B

11:07

Bane09

Carmen Cecilie Christensen

3750 meter

Holbæk OK

432499

D20
11:04

Bane02
Ann-Sofie Jentoft Fertin

6150 meter
Holbæk OK

681842

H20

11:19
11:23
11:31
12:19
13:13

Bane01

Mathias Klinkby
August Thygesen
Peter Lauritzen
Andreas Schrøder
Bjarke Waltenburg

8050 meter

Holbæk OK 426974
FSK Orientering 2049945
Holbæk OK 778810
Amager OK 448383
Kildeholm OK 302075

D20B

13:13

Bane09

Maja Rønn Østergaard

3750 meter

Kildeholm OK

2089959

H20B

12:22

13:20

Bane06

Tobias Vognsen Bajard

Laust Kadziola

4550 meter

OK Skærmen Værløse

O-63/NFR/Maribo

364987

347081

H20C

11:09

12:17

Bane07

Karl Thieme

Valdemar Aske Gaardsted

3050 meter

FSK Orientering

Amager OK

249309

2061667

D21

| | |
|-------|-----------------------|
| 11:00 | Astrid Thomsen |
| 11:08 | Tanja Fjelbro Klavsén |
| 11:10 | Lisbet Hansen |
| 12:12 | Julie Keller |
| 12:16 | Roser Marre Badallo |
| 12:18 | Karoline Hooge |
| 12:20 | Mette Stub |
| 13:00 | Hana Uhlikova |
| 13:06 | Katrine Vangsgaard |
| 13:08 | Mathilde Damsgaard |
| 13:10 | Linnea Kadziola |

Bane02**6150 meter**

| | |
|--------------------------|---------|
| Holbæk OK | 1402952 |
| Holbæk OK | 1417320 |
| FSK Orientering | 981610 |
| Amager OK | 440272 |
| Amager OK | 1989425 |
| OK Skærmén Værløse | 1407787 |
| PI-København | 1411289 |
| Lyngby OK | 1398385 |
| Lyngby OK | 2072652 |
| DSR/Fredensborg/Vinderød | 2072656 |
| O-63/NFR/Maribo | 347080 |

| H21 | Bane01 | 8050 meter | |
|------------|--------------------------|--------------------------|---------|
| 11:03 | Jacob Kristjansen | Holbæk OK | 2072624 |
| 11:15 | Emil Ruud | Helsingør SOK | 302563 |
| 11:17 | Michael Jensen | FSK Orientering | 501134 |
| 11:29 | Bjørn Rasmussen | FSK Orientering | 347426 |
| 12:13 | Bjørn Lind | PI-København | 2072634 |
| 12:15 | Jakub Jirasek | Amager OK | 2016470 |
| 12:17 | Sebastian Bang | PI-København | 213949 |
| 12:21 | Jacob Furu | PI-København | 2072636 |
| 12:23 | Lasse Grønnebæk | Amager OK | 435358 |
| 12:25 | Peter Falch Bache | PI-København | 2072637 |
| 12:27 | Arnau Ormella | Amager OK | 1502139 |
| 13:01 | Simon Troelsgård | Lyngby OK | 2072642 |
| 13:03 | Martin Bjørner | DSR/Fredensborg/Vinderød | 434064 |
| 13:05 | Lasse Koefoed Sudergaard | Kildeholm OK | 2072650 |
| 13:07 | Asbjørn Hviid | O-63/NFR/Maribo | 435305 |
| 13:09 | Mads Godvin Jensen | Lyngby OK | 9200939 |
| 13:11 | Jeppe Damsgaard | DSR/Fredensborg/Vinderød | 308045 |
| 13:15 | Emil Brønd | Lyngby OK | 1130784 |
| 13:21 | Morten Hannibal Madsen | Lyngby OK | 1411268 |

D21B**Bane09**

| | |
|-------|-----------------------|
| 11:25 | Amalie Snedker Mosbæk |
| 11:29 | Hanne Grimstrup |
| 11:37 | Louise B Jensen |
| 12:21 | Lea Krag Fogh |
| 12:23 | Lærke N.Hansen |
| 12:31 | Line Stub |
| 12:37 | Nikita Bang |
| 13:11 | Lis Noes |
| 13:15 | Lise Celine Pedersen |

3750 meter

| | |
|---------------------|---------|
| Holbæk OK | 2072629 |
| Køge OK | 343759 |
| Helsingør SOK | 1401482 |
| OK Skærmens Værløse | 1402956 |
| Amager OK | 448365 |
| PI-København | 239731 |
| PI-København | 213945 |
| O-63/NFR/Maribo | 2065740 |
| Lyngby OK | 9007008 |

H21B

11:36
12:20
13:08

Bane06

Mathias Larsen
Niels Dalum Hansen
Jørn Schou-Rode

4550 meter

FSK Orientering
OK73
Lyngby OK

249323
207589
1395508

D21C

| | |
|-------|--------------------------|
| 11:31 | Anna Lise Lyk |
| 11:37 | Helene Skovmand Filrup |
| 11:39 | Gull-May Knudsen |
| 11:43 | Grethe Jensen |
| 11:45 | Lotte Sommer |
| 12:31 | Christina Nilsson |
| 12:33 | Anna Mosbech |
| 12:35 | Anni Lind |
| 12:37 | Bente Ravn |
| 12:39 | Benthe Jensen |
| 12:43 | Gitte Rix |
| 12:45 | Joo Carstens |
| 13:17 | Anja Kanstrup |
| 13:19 | Nina Visborg Thune |
| 13:21 | Aviaaja Willesen |
| 13:23 | Dorte Koefoed Sudergaard |
| 13:25 | Pernille Bohn |
| 13:27 | Karen Djurhuus |

Bane07**3050 meter**

| | |
|---------------------|---------|
| Helsingør SOK | 435320 |
| FSK Orientering | 249337 |
| Helsingør SOK | 407163 |
| Køge OK | 239949 |
| FSK Orientering | 249311 |
| Amager OK | 2061652 |
| OK Skærmens Værløse | 444513 |
| PI-København | 213947 |
| Amager OK | 448354 |
| OK Skærmens Værløse | 364982 |
| Amager OK | 2061653 |
| PI-København | 2072641 |
| O-63/NFR/Maribo | 347019 |
| Kildeholm OK | 2090026 |
| O-63/NFR/Maribo | 423293 |
| Kildeholm OK | 2090030 |
| Lyngby OK | 2030232 |
| Kildeholm OK | 2090031 |

H21C

| | |
|-------|--------------------------|
| 11:01 | Anders Frydendal Jensen |
| 11:03 | Nils Lind Petersen |
| 11:05 | Bent Nyhegn |
| 11:11 | Torben Nielsen |
| 11:15 | Peter Andresen |
| 11:17 | Tom Hansen |
| 11:19 | Leif Engborg |
| 11:21 | Knud O Engelsholm |
| 11:23 | Per Nissen |
| 11:25 | Søren Østergaard |
| 12:13 | Kurt Jensen |
| 12:15 | Søren Bloch |
| 12:19 | Wagn Winkel |
| 12:21 | Verner Johansen |
| 12:23 | Michael Bruun-Pedersen |
| 12:25 | Morten Christensen |
| 13:01 | Kim Jensen |
| 13:03 | Hans Christian Studstrup |
| 13:05 | Mogens Bak-Hansen |

Bane07**3050 meter**

| | |
|---------------------|---------|
| Holbæk OK | 2072622 |
| FSK Orientering | 407797 |
| Helsingør SOK | 202029 |
| Køge OK | 407115 |
| FSK Orientering | 249319 |
| Køge OK | 239786 |
| Holbæk OK | 2089968 |
| Helsingør SOK | 355580 |
| Holbæk OK | 2072627 |
| Helsingør SOK | 440200 |
| OK Skærmens Værløse | 364985 |
| PI-København | 2072635 |
| OK Skærmens Værløse | 364984 |
| OK73 | 340618 |
| Amager OK | 2061656 |
| PI-København | 2072638 |
| O-63/NFR/Maribo | 423292 |
| Kildeholm OK | 2072647 |
| O-63/NFR/Maribo | 347390 |

D35

| | |
|-------|------------------------------|
| 11:02 | Malene Løkke |
| 11:06 | Jette Grimstrup |
| 11:12 | Anette Lindegård Christensen |
| 12:10 | Eva Hemmersam |
| 12:14 | Ida Mosbech Smith |
| 13:02 | Helle Tibian |
| 13:04 | Tine Rønn Østergaard |

Bane02**6150 meter**

| | |
|--------------------------|---------|
| Køge OK | 302132 |
| Køge OK | 2061681 |
| Holbæk OK | 421568 |
| OK Skærmø Værløse | 2089952 |
| OK Skærmø Værløse | 2074609 |
| DSR/Fredensborg/Vinderød | 246413 |
| Kildeholm OK | 2089958 |

H35

| | |
|-------|-------------------------|
| 11:01 | Jan Frank Nielsen |
| 11:05 | Tage Ebbensgaard |
| 11:07 | Rolf Lund |
| 11:09 | Lars Bech Jensen |
| 11:11 | Søren Fertin |
| 11:13 | Kim Hansen |
| 11:21 | Simon Rosell Holt |
| 11:25 | Niels Rønnenkamp Kjølby |
| 11:27 | Gunnar Grue-Sørensen |
| 11:33 | Lasse Nilsson |
| 12:11 | Thomas Brinck |
| 12:29 | Tobias Hooge |
| 13:17 | Martin Schwartz |
| 13:19 | Lasse Hansen |
| 13:23 | Kim Clausen |
| 13:25 | Henrik Plenge Jensen |

Bane01**8050 meter**

| | |
|--------------------------|---------|
| FSK Orientering | 347482 |
| Køge OK | 344972 |
| Helsingør SOK | 887789 |
| FSK Orientering | 440295 |
| Holbæk OK | 922013 |
| Køge OK | 889243 |
| Køge OK | 1401500 |
| Holbæk OK | 2072628 |
| Køge OK | 889247 |
| Helsingør SOK | 895263 |
| Amager OK | 9200675 |
| OK Skærmens Værløse | 331308 |
| DSR/Fredensborg/Vinderød | 343740 |
| Kildeholm OK | 505030 |
| DSR/Fredensborg/Vinderød | 407153 |
| O-63/NFR/Maribo | 501273 |

| D35B | Bane09 | 3750 meter | |
|-------------|-----------------------------|--------------------------|---------|
| 11:19 | Ana Magdalena Chirita | FSK Orientering | 2074607 |
| 11:21 | Maria Christensen | Køge OK | 344955 |
| 11:23 | Kirsten Ellekilde | Helsingør SOK | 407141 |
| 11:27 | Pia Juul Roslyng | FSK Orientering | 1410788 |
| 11:31 | Birgitte Andersen | Helsingør SOK | 435325 |
| 11:33 | Lone Kierstein Nielsen | FSK Orientering | 249339 |
| 11:35 | Jytte Nielsen | Køge OK | 407114 |
| 11:39 | Helle Christensen | FSK Orientering | 1411279 |
| 11:41 | Gitte Rasmussen | Køge OK | 2061687 |
| 11:43 | Stine Kjeldsmark | Holbæk OK | 2072632 |
| 11:45 | Dorte Seifert Teide | FSK Orientering | 249308 |
| 11:47 | Louise Eskildsen | Køge OK | 2061676 |
| 11:49 | Karina Randrup Nielsen | Holbæk OK | 2072633 |
| 12:15 | Marianne Bredberg | OK Skærmens Værløse | 364981 |
| 12:17 | Inge Christiansen | Amager OK | 2061665 |
| 12:19 | Lone Holm Hansen | OK73 | 340602 |
| 12:25 | Henny Rosenberg | OK73 | 432485 |
| 12:27 | Charlotte Lykke | OK Skærmens Værløse | 364986 |
| 12:29 | Heidi Nielsen | Amager OK | 2085959 |
| 12:33 | Louise Munch Diemar | OK Skærmens Værløse | 364988 |
| 12:35 | Danja Lykke Kristensen | Amager OK | 435345 |
| 13:01 | Anne Sandal Mark | Kildeholm OK | 2090024 |
| 13:03 | Inger Lise Wolff-Jensen | Lyngby OK | 1406260 |
| 13:05 | Karen Lauberg Lauritsen | DSR/Fredensborg/Vinderød | 2072651 |
| 13:07 | Kristina Nordenhof Larsen | Kildeholm OK | 2072654 |
| 13:09 | Mette Skindersø | Lyngby OK | 2072660 |
| 13:17 | Caroline Mariager Ingvorsen | Kildeholm OK | 302076 |
| 13:19 | Birgitte Sørensen | DSR/Fredensborg/Vinderød | 2090027 |

| H35B | Bane06 | 4550 meter | |
|-------------|--------------------------|--------------------------|---------|
| 11:08 | Per Flemmert Danielsen | FSK Orientering | 249303 |
| 11:10 | Rune Faxøe Larsen | Holbæk OK | 421774 |
| 11:12 | Klaus Koziara | Køge OK | 239943 |
| 11:14 | Lars Bo Kjær | FSK Orientering | 216766 |
| 11:16 | Brian Jimmi Bech | Holbæk OK | 8625626 |
| 11:18 | Niels Frederiksen | Helsingør SOK | 2061675 |
| 11:20 | Michael Licht | FSK Orientering | 2074620 |
| 11:22 | Martin Bjørling Thomsen | Holbæk OK | 440300 |
| 11:24 | Flemming Marcussen | Helsingør SOK | 308175 |
| 11:26 | Michael Larsen | FSK Orientering | 249343 |
| 11:28 | Morten Vogelius | Holbæk OK | 239902 |
| 11:30 | John Miené | Helsingør SOK | 240000 |
| 11:32 | Casper Falck Christensen | FSK Orientering | 2085937 |
| 11:34 | Henrik Johansen | Køge OK | 439767 |
| 11:38 | Bo Brinkmann | Køge OK | 887864 |
| 11:40 | Tom P. Neesgaard | FSK Orientering | 202083 |
| 11:42 | John Barnewitz | Køge OK | 439760 |
| 12:14 | Jakub Kolarik | OK73 | 682689 |
| 12:16 | Henrik Jørgensen | OK Skærmøn Værløse | 364983 |
| 12:18 | Jesper Kracht | PI-København | 2058313 |
| 12:24 | Kim Arendal Andersen | Amager OK | 2061664 |
| 12:26 | Ronnie Hjorth | OK73 | 681773 |
| 12:28 | Søren Christensen | OK Skærmøn Værløse | 1406251 |
| 12:30 | Kenn Jakobsen | Amager OK | 440271 |
| 12:32 | Martin Hjorth | OK73 | 302188 |
| 12:34 | Henrik Wiberg | PI-København | 560126 |
| 12:36 | Christian Bovet | OK73 | 553386 |
| 12:38 | Karsten Jørgensen | PI-København | 213943 |
| 13:00 | Mogens Schmidt | Lyngby OK | 1402045 |
| 13:02 | Bo Brøndum Pedersen | Kildeholm OK | 2072645 |
| 13:04 | Anders Christensen | O-63/NFR/Maribo | 1392078 |
| 13:06 | Lars Fomsgaard | DSR/Fredensborg/Vinderød | 2049937 |
| 13:10 | Niels Rønne | Kildeholm OK | 2090021 |
| 13:12 | Troels Lassen | O-63/NFR/Maribo | 347415 |
| 13:14 | Hans G. Olsen | DSR/Fredensborg/Vinderød | 2090022 |
| 13:16 | Peter E. Knudsen | Lyngby OK | 2090023 |
| 13:18 | Kim Bach Sørensen | Kildeholm OK | 2090025 |
| 13:22 | Johan Husfeldt | DSR/Fredensborg/Vinderød | 2090029 |

D40

11:36
11:38
11:46
11:50
12:36
12:38
12:40
13:14
13:24

Bane03

Bente Frydendal Jensen
Anne Rosell Holt
Lise Kolte
Lene Jensen
Camilla Rath Nielsen
Heidi Olander Petersen
Camilla Bøgevig Larkai
Karen Visbech
Louise Karlskov Skyggebjerg

5625 meter

Holbæk OK
Køge OK
FSK Orientering
Helsingør SOK
PI-København
Amager OK
OK73
O-63/NFR/Maribo
Lyngby OK

2072630
432491
407733
308177
2049954
2061660
1402038
423295
2083227

H40

| | |
|-------|-------------------------|
| 11:24 | Bjark Bo Christensen |
| 11:28 | Henrik Glimø |
| 11:32 | Leif Pedersen |
| 12:36 | Jacob Spange Mortensen |
| 13:20 | Christian Clausen |
| 13:24 | Jesper Damborg Bendtsen |

Bane02**6150 meter**

| | |
|--------------------------|---------|
| Holbæk OK | 9101045 |
| Køge OK | 249365 |
| FSK Orientering | 2074602 |
| PI-København | 2072639 |
| DSR/Fredensborg/Vinderød | 345040 |
| Kildeholm OK | 248435 |

D45

| | |
|-------|--------------------------|
| 11:40 | Kamilla Jentoft Fertin |
| 11:42 | Margit Goldbach |
| 11:44 | Sanne Lund Kolenda |
| 11:48 | Lenette Schunck Svendsen |
| 12:30 | Elin Nørgård Kracht |
| 12:32 | Tina Frølich |
| 12:34 | Ulla Jacobsen |
| 13:16 | Hanne N Waltenburg |
| 13:18 | Dorte Morell |
| 13:20 | Anne-Marie Rønne |
| 13:22 | Lene Møller Krabbesmark |

Bane03**5625 meter**

| | |
|---------------------|---------|
| Holbæk OK | 2072631 |
| Køge OK | 439766 |
| Holbæk OK | 1402968 |
| Holbæk OK | 427879 |
| PI-København | 2058314 |
| Amager OK | 435344 |
| OK Skærmøns Værløse | 1401497 |
| Kildeholm OK | 1413384 |
| O-63/NFR/Maribo | 423294 |
| Kildeholm OK | 2090028 |
| O-63/NFR/Maribo | 347097 |

| H45 | Bane02 | 6150 meter | |
|------------|--------------------------|--------------------------|---------|
| 11:18 | Søren Klinkby | Holbæk OK | 896951 |
| 11:20 | Jens Thorup | FSK Orientering | 439321 |
| 11:22 | Søren Sønberg Kristensen | Køge OK | 342631 |
| 11:26 | Hans-Erik Andersen | FSK Orientering | 423269 |
| 11:30 | Birger Jensen | Holbæk OK | 681752 |
| 11:34 | Lars E Andersen | Helsingør SOK | 245069 |
| 11:36 | Anton Lauritzen | Holbæk OK | 778808 |
| 11:38 | Lars Carstensen | Køge OK | 341543 |
| 11:40 | Carsten Thye Agger | Helsingør SOK | 553375 |
| 12:26 | Lars Christoffersen | OK Skærmens Værløse | 419741 |
| 12:28 | Jørn Lind | PI-København | 213946 |
| 12:30 | Christian Olsen | Amager OK | 7205424 |
| 12:32 | Jacob Sucksdorff | OK73 | 341015 |
| 12:34 | Jesper Sørensen | OK Skærmens Værløse | 2061671 |
| 12:38 | Peter Rud Frankild | Amager OK | 8620855 |
| 13:16 | Jesper Lægsgaard | Lyngby OK | 439769 |
| 13:18 | Henrik Visborg Thune | Kildeholm OK | 2086051 |
| 13:22 | Lars Lyngsø | Lyngby OK | 1406279 |
| 13:26 | Carsten Borgen | O-63/NFR/Maribo | 423296 |
| 13:28 | Mikael Horn Rolighed | Lyngby OK | 209736 |
| 13:30 | Jakob Sandgrav | DSR/Fredensborg/Vinderød | 2090033 |

D50

11:01
11:07
11:11
11:15
11:19
12:11
12:13
12:15
12:17
13:03

Bane04

Bodil Klavsén
Cristina Kümmel
Mette Kirstine Agger
Katrine Holst
Anette Binder Larsen
Anne Mette Oddsen
Naja Sørensen
Mette Uhre Lang
Else Gudme
Gitte Willumsen

4200 meter

Holbæk OK 239932
Holbæk OK 2072625
Helsingør SOK 427882
FSK Orientering 246474
Holbæk OK 422480
OK73 340609
OK Skærmén Værløse 2061672
Amager OK 2061669
OK73 351370
DSR/Fredensborg/Vinderød 2072646

H50

| | |
|-------|--------------------------|
| 11:10 | Jan Thiesen |
| 11:12 | Henrik Zimmermann |
| 11:14 | Jens Andersen |
| 11:24 | Asger Purhus |
| 11:26 | Torben Bagger |
| 11:28 | Michael Galthen Ibsen |
| 12:10 | Michael E. Laustsen |
| 12:14 | Jan Kofoed Nielsen |
| 12:16 | Ernst Poulsen |
| 12:24 | Flemming Sparre Sørensen |
| 13:04 | Morten Tibian |
| 13:06 | Michael Saunte |
| 13:08 | Leif Sudergaard |

Bane03**5625 meter**

| | |
|--------------------------|---------|
| Holbæk OK | 420166 |
| FSK Orientering | 216792 |
| Køge OK | 2074612 |
| FSK Orientering | 305095 |
| Helsingør SOK | 343896 |
| FSK Orientering | 1413389 |
| OK Skærmens Værløse | 234897 |
| PI-København | 213942 |
| Amager OK | 439484 |
| Amager OK | 302165 |
| DSR/Fredensborg/Vinderød | 2072648 |
| O-63/NFR/Maribo | 347343 |
| Kildeholm OK | 1401708 |

D55

11:03
11:05
11:09
11:13
11:17
11:23
12:19
13:01

Bane04

Jytte Sørensen
Birgitte Krüger
Gitte Gefke Hansen
Annette Rode
Berit N. Pedersen
Gerda Marie Christiansen
Susan Houmark Stub
Pia Kadziola

4200 meter

FSK Orientering 355583
Helsingør SOK 8631610
FSK Orientering 355590
Holbæk OK 2072626
Køge OK 239930
Køge OK 889246
PI-København 239733
O-63/NFR/Maribo 308059

H55

| | |
|-------|-------------------------|
| 11:00 | Kurt Thuesen |
| 11:02 | Henning Jeppesen |
| 11:04 | Laus Seir Hansen |
| 11:06 | John Noes Jørgensen |
| 11:08 | Kim Møller |
| 11:16 | Henrik Snedker Pedersen |
| 11:18 | Niels Thygesen |
| 11:20 | Anders Bang |
| 11:22 | Per Bundgaard Larsen |
| 11:30 | Bjarne B. Jensen |
| 12:12 | Jørn Andreasen |
| 12:18 | Niels Hamborg Jensen |
| 12:20 | Michael Hjorth |
| 12:22 | Bruno Stub |
| 13:00 | Torben Hviid |
| 13:02 | John A. Pedersen |

Bane03**5625 meter**

| | |
|---------------------|---------|
| FSK Orientering | 2049952 |
| Køge OK | 2061683 |
| Helsingør SOK | 8626194 |
| FSK Orientering | 2035230 |
| Køge OK | 423267 |
| Holbæk OK | 8621025 |
| FSK Orientering | 2049943 |
| Køge OK | 239787 |
| Holbæk OK | 422479 |
| Helsingør SOK | 1401481 |
| OK73 | 434070 |
| OK Skærmens Værløse | 2049230 |
| OK73 | 407140 |
| PI-København | 1411290 |
| O-63/NFR/Maribo | 435307 |
| Lyngby OK | 2072643 |

D60

11:02
11:10
11:14
11:16
12:14
13:04
13:08

Bane05B

Anni Lauritzen
Britta Thomsen
Mette Seir Hansen
Ruth Thiesen
Anne Keller
Inger Martin
Marianne Sørensen

3825 meter

Holbæk OK 778809
Holbæk OK 1411265
Helsingør SOK 502344
Holbæk OK 420165
Amager OK 440266
Lyngby OK 213960
Lyngby OK 2072658

H60

| | |
|-------|------------------|
| 11:33 | Allan Wiingaard |
| 11:37 | Niels Bohse |
| 11:39 | Steen Jeppesen |
| 11:43 | Torben Seir |
| 11:51 | Steen Fladberg |
| 11:53 | Bjarne Iversen |
| 11:55 | Bent Jensen |
| 12:25 | Erik Madsen |
| 12:27 | Rolf Andersen |
| 12:29 | Peter Sørensen |
| 12:33 | Bent Johansen |
| 12:39 | Jens Erik Larsen |
| 12:43 | Torkil Hansen |
| 12:49 | Hakon Mosbech |
| 13:09 | Claus Rohr |
| 13:11 | Nils Sættem |
| 13:23 | Carl-Aage Hansen |

Bane04

| | |
|-------|------------------|
| 11:33 | Allan Wiingaard |
| 11:37 | Niels Bohse |
| 11:39 | Steen Jeppesen |
| 11:43 | Torben Seir |
| 11:51 | Steen Fladberg |
| 11:53 | Bjarne Iversen |
| 11:55 | Bent Jensen |
| 12:25 | Erik Madsen |
| 12:27 | Rolf Andersen |
| 12:29 | Peter Sørensen |
| 12:33 | Bent Johansen |
| 12:39 | Jens Erik Larsen |
| 12:43 | Torkil Hansen |
| 12:49 | Hakon Mosbech |
| 13:09 | Claus Rohr |
| 13:11 | Nils Sættem |
| 13:23 | Carl-Aage Hansen |

4200 meter

| | |
|---------------------|---------|
| Holbæk OK | 442570 |
| Helsingør SOK | 1411620 |
| Holbæk OK | 1406274 |
| Helsingør SOK | 500487 |
| Køge OK | 1401725 |
| FSK Orientering | 239922 |
| Holbæk OK | 239911 |
| OK73 | 1401498 |
| Amager OK | 2061661 |
| PI-København | 8635884 |
| OK73 | 439759 |
| OK73 | 308077 |
| PI-København | 2030233 |
| OK Skærmens Værløse | 246410 |
| Lyngby OK | 2072659 |
| Kildeholm OK | 249631 |
| O-63/NFR/Maribo | 407737 |

D65

| | |
|-------|-------------------|
| 11:00 | Anne Sørensen |
| 11:04 | Elisa Sørensen |
| 11:06 | Grethe Larsen |
| 11:08 | Lise Bertram |
| 11:12 | Anne-Marie Bech |
| 11:18 | Birgit Berner |
| 12:10 | Vivi Hansen |
| 12:12 | Elsa Bratholm |
| 12:16 | Ulla Hooge |
| 12:18 | Alice Bech |
| 13:00 | Anne Bülow-Olsen |
| 13:02 | Dorte Dam |
| 13:06 | Bente Skov-Jensen |

Bane05B**3825 meter**

| | |
|---------------------|---------|
| Helsingør SOK | 308156 |
| FSK Orientering | 302057 |
| Køge OK | 407174 |
| Helsingør SOK | 239241 |
| FSK Orientering | 241936 |
| Køge OK | 2074614 |
| OK Skærmens Værløse | 420161 |
| OK73 | 246404 |
| OK Skærmens Værløse | 1403124 |
| OK73 | 431194 |
| Lyngby OK | 2086042 |
| Kildeholm OK | 2072644 |
| O-63/NFR/Maribo | 213999 |

H65

| | |
|-------|----------------------------|
| 11:29 | Kurt Jespersen |
| 11:31 | Søren A. Nielsen |
| 11:35 | Karl Hougaard |
| 11:41 | Ole Bruschi |
| 11:45 | Steffen Nilsson |
| 11:47 | Erik Roslyng |
| 11:49 | Flemming Wendelboe |
| 11:57 | Poul R. Koziara |
| 11:59 | Finn Larsen |
| 12:01 | Finn Hyldegaard |
| 12:03 | Karsten Richardt |
| 12:31 | Leif Jensen |
| 12:35 | Jan Bartnik |
| 12:37 | Søren Jensen |
| 12:41 | Peter Hofman-Bang |
| 12:45 | Henrik Weirauch Kristensen |
| 12:47 | Bjarne Sørensen |
| 13:13 | John Knudsen |
| 13:15 | Finn Blom Christensen |
| 13:17 | Ove Bendtsen |
| 13:19 | Finn Gamél Christensen |
| 13:21 | Robert Simonsen |
| 13:25 | Ronald Clausen |

Bane04**4200 meter**

| | |
|--------------------------|---------|
| FSK Orientering | 302097 |
| Helsingør SOK | 239242 |
| FSK Orientering | 216767 |
| FSK Orientering | 2033036 |
| Køge OK | 407116 |
| FSK Orientering | 330684 |
| Helsingør SOK | 500115 |
| Køge OK | 216779 |
| FSK Orientering | 249333 |
| Holbæk OK | 344835 |
| Køge OK | 680027 |
| OK Skærmø Værløse | 234439 |
| Amager OK | 439490 |
| PI-København | 2072640 |
| Amager OK | 239726 |
| OK73 | 1410575 |
| Amager OK | 440265 |
| O-63/NFR/Maribo | 1406269 |
| Lyngby OK | 250071 |
| Kildeholm OK | 341037 |
| DSR/Fredensborg/Vinderød | 355581 |
| Lyngby OK | 202065 |
| DSR/Fredensborg/Vinderød | 407155 |

D70

| | |
|-------|--------------------|
| 11:00 | Agnete Egede |
| 11:02 | Jytte Eltang |
| 11:04 | Inge Olsen |
| 11:06 | Ingelise Jørgensen |
| 11:08 | Vibeke Miené |
| 11:10 | Inger Jensen |
| 11:12 | Grethe Nielsen |
| 11:14 | Hanne Hansen |
| 11:16 | Mette Bertram |
| 12:10 | Kirsten Witt |
| 12:12 | Inge Madsen |
| 12:14 | Ruth Hansen |
| 12:16 | Ulla Valnert |
| 13:00 | Ina Blom |
| 13:02 | Bente Keil |
| 13:04 | Birthe Clausen |
| 13:06 | Doris Hansen |
| 13:08 | Bonnie Petersen |

Bane08**3050 meter**

| | |
|--------------------------|---------|
| Helsingør SOK | 435324 |
| FSK Orientering | 351369 |
| Helsingør SOK | 308168 |
| FSK Orientering | 213982 |
| Helsingør SOK | 245062 |
| FSK Orientering | 8633613 |
| Helsingør SOK | 245073 |
| Køge OK | 308136 |
| Helsingør SOK | 308165 |
| OK Skærmens Værløse | 348359 |
| OK73 | 2074617 |
| OK Skærmens Værløse | 355594 |
| OK73 | 302193 |
| Kildeholm OK | 2089965 |
| Lyngby OK | 308103 |
| DSR/Fredensborg/Vinderød | 2072649 |
| Kildeholm OK | 2072653 |
| O-63/NFR/Maribo | 407791 |

| H70 | Bane08 | 3050 meter | |
|------------|---------------------------|--------------------------|---------|
| 11:22 | Jens Lynge | Køge OK | 423256 |
| 11:24 | Jakob Vang | Helsingør SOK | 2089970 |
| 11:26 | Mogens Jensen | Holbæk OK | 681674 |
| 11:28 | Finn Frogne | Køge OK | 249379 |
| 11:30 | Jørgen Jensen | Helsingør SOK | 308155 |
| 11:32 | John Jensen | Holbæk OK | 239712 |
| 11:34 | Erik Løvgren Jensen | Køge OK | 442559 |
| 11:36 | Peter Larsen | Helsingør SOK | 308061 |
| 11:38 | Svend Fladberg | Køge OK | 2083223 |
| 11:40 | John Pihl | Helsingør SOK | 9005006 |
| 11:42 | Ole Rasmussen | Køge OK | 407119 |
| 11:44 | Flemming Jørgensen | FSK Orientering | 343363 |
| 11:46 | Kurt Dose | Køge OK | 302087 |
| 11:48 | Karl Aage Hald | FSK Orientering | 407734 |
| 11:50 | Erling Hansen | Køge OK | 308134 |
| 11:52 | Hans-Ole Ketting | FSK Orientering | 202086 |
| 11:54 | Jørgen Larsen | Køge OK | 407175 |
| 11:56 | Tage Frydendal | Holbæk OK | 302107 |
| 12:22 | Leif Kajberg | OK73 | 331586 |
| 12:24 | Svend Erik Jensen | OK Skærmens Værløse | 308133 |
| 12:26 | Søren Thoustrup Jørgensen | OK73 | 899032 |
| 12:28 | Knud Torm | OK Skærmens Værløse | 351340 |
| 12:30 | Gunner Jørgensen | OK73 | 40402 |
| 12:32 | Mogens Hansen | OK Skærmens Værløse | 504434 |
| 12:34 | Jørgen Poulsen | OK73 | 250098 |
| 12:36 | Steen Sørensen | OK Skærmens Værløse | 351326 |
| 12:38 | Bent Mortensen | OK73 | 8625622 |
| 12:40 | Erik Nielsen | Amager OK | 1406095 |
| 13:14 | Erik Bach Sørensen | Kildeholm OK | 351358 |
| 13:16 | Peter Nielsen | O-63/NFR/Maribo | 2065741 |
| 13:18 | Jim Chalmers | Lyngby OK | 250088 |
| 13:20 | Eskild Rønne | Kildeholm OK | 407149 |
| 13:22 | Peter Bjørn Jensen | O-63/NFR/Maribo | 407180 |
| 13:24 | Helge Johansen | Lyngby OK | 250077 |
| 13:26 | Carl Djurhuus | Kildeholm OK | 302143 |
| 13:28 | Niels-Henrik Holscher | O-63/NFR/Maribo | 308074 |
| 13:30 | Allan Christiansen | DSR/Fredensborg/Vinderød | 407197 |
| 13:32 | Knud Dam | Kildeholm OK | 432486 |
| 13:34 | Erik Bülow-Olsen | O-63/NFR/Maribo | 308073 |
| 13:36 | Poul Nissen | DSR/Fredensborg/Vinderød | 241863 |

| ÅbenLang | ÅbenLang | 8425 meter | |
|-----------------|---------------------|-------------------|---------|
| – | Alex Ottesen | Ballerup OK | 702200 |
| – | Hanne Frost | Ballerup OK | 421761 |
| – | Jan Frederiksen | OK Roskilde | 1401485 |
| – | Jesper Allan Jensen | OK Roskilde | 241905 |
| – | Jonas Isaksen | OK Snab | 2056747 |

| Åben1 | Åben01 | 6800 meter | |
|--------------|--------------------------|--------------------------|---------|
| – | Jens Knud Maarup | Allerød OK | 711267 |
| – | Gregers Jørgensen | Ballerup OK | 8635885 |
| – | Helle M. Frederiksen | Ballerup OK | 340152 |
| – | Jan Kristoffersen | Ballerup OK | 246463 |
| – | Jimmy Hoen | Ballerup OK | 2086036 |
| – | Lars Hanghøj Petersen | Ballerup OK | 550529 |
| – | Freya Halberg Petersen | FIF Hillerød Orientering | 8626187 |
| – | Jes Nyhegn | FIF Hillerød Orientering | 1406267 |
| – | Lotte Friberg | FIF Hillerød Orientering | 8626195 |
| – | Peter Dyrsting | FIF Hillerød Orientering | 1407785 |
| – | Lea Reime | Farum OK | 741213 |
| – | Jesper Kristiansen | OK Melfar | 1407790 |
| – | Jakob Søndergaard Jensen | OK Roskilde | 7701128 |
| – | Frederik E. Krogh | OK ØST Birkerød | 1401710 |
| – | Hans Granholm | OK ØST Birkerød | 427612 |
| – | Celina Bregensøe | Tisvilde Hegn OK | 7201834 |
| – | Henrik Albahn | Tisvilde Hegn OK | 888950 |
| – | Niels Teglsbo Jensen | Tisvilde Hegn OK | 666000 |

| Åben2 | Åben02 | 4300 meter | |
|--------------|---------------------------|--------------------------|---------|
| – | Birgitte Birck | Allerød OK | 8626197 |
| – | Henriette Broman | Allerød OK | 308041 |
| – | Lise Jonasen | Allerød OK | 2083224 |
| – | Maria Iben Sell-Petersen | Allerød OK | 681760 |
| – | Annette Bonde | Ballerup OK | 500445 |
| – | Charlotte Grauert | Ballerup OK | 8626192 |
| – | Karoline Saxtorph Schulz | Ballerup OK | 1081100 |
| – | Kristen Bonnen | Ballerup OK | 1410783 |
| – | Annelise Hansen | FIF Hillerød Orientering | 302016 |
| – | Emil Olesen | FIF Hillerød Orientering | 553547 |
| – | Pernille Halberg Petersen | FIF Hillerød Orientering | 8629805 |
| – | Bendt Frandsen | Farum OK | 2083220 |
| – | Kai Beck-Andersen | Farum OK | 407109 |
| – | Ulrik Danneskiold-Samsøe | Farum OK | 308048 |
| – | Annie Bøving Michaelsen | Tisvilde Hegn OK | 308167 |

Åben3

| | |
|---|--------------------|
| – | Gunnar Lorenzen |
| – | Jens Buchardt |
| – | Jørn Simonsen |
| – | Kirsten Truelsen |
| – | Poul Gregersen |
| – | Betty Folino |
| – | Eva Konring Olesen |
| – | Lisbeth G. Larsen |

Åben03**3050 meter**

| | |
|--------------------------|---------|
| Allerød OK | 2074616 |
| Allerød OK | 407777 |
| Ballerup OK | 308122 |
| Ballerup OK | 1009727 |
| Ballerup OK | 302062 |
| FIF Hillerød Orientering | 2065734 |
| FIF Hillerød Orientering | 8631605 |
| FIF Hillerød Orientering | 426965 |

Åben4–
–
–
–**Åben04**Valdemar Marager
Peter Nørgaard
Dom Maher
Jesper Yde Svensson**3650 meter**Allerød OK
Ballerup OK
Køge OK
Søllerød OK8621059
2049953
343374
2090036

Åben5–
–
–
–
–
–**Åben05**Johannes Marager
Mads Christian Maarup
Marlene Marager
Inge K. Kristoffersen
Marius Nyhegn
Silje Halberg Petersen**3025 meter**Allerød OK 8631602
Allerød OK 213966
Allerød OK 2086053
Ballerup OK 440894
FIF Hillerød Orientering 1406262
FIF Hillerød Orientering 8627636

Åben6

–

Åben06

Lærke Konring Larsen

2850 meter

FIF Hillerød Orientering

44693